

September/October 2018

H O O K

CULTURE, ART & COMMUNITY IN THE LOWER HUDSON VALLEY

**WHITEWATER
RAFTING**

Equestrian Pilates

HV WELLNESS CENTER

Art salon in Piermont

Valley Rock Inn

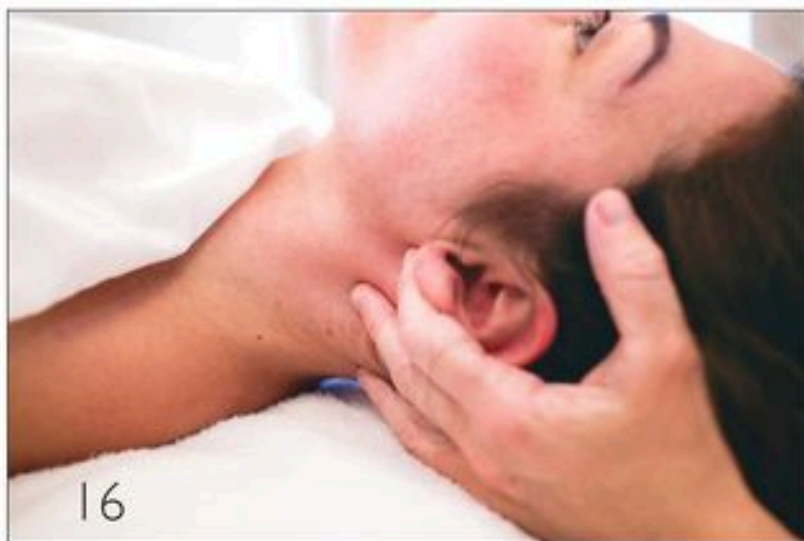
+ MORE

**HOME &
HEALTH**



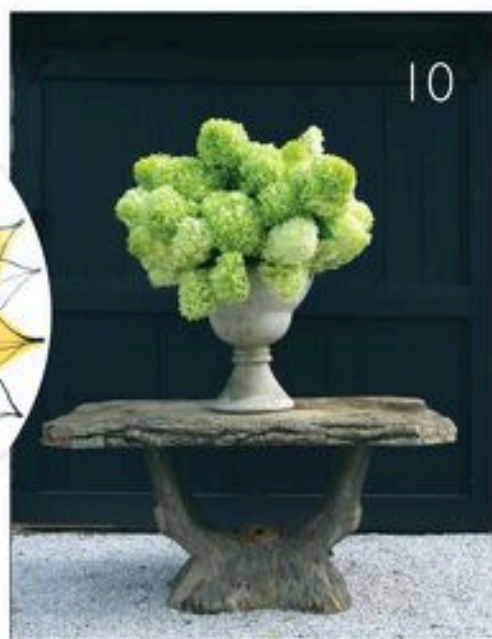
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ON THE COVER
Valley Rock Inn in Sloatsburg, NY.
Photo Credit: Luxproductions

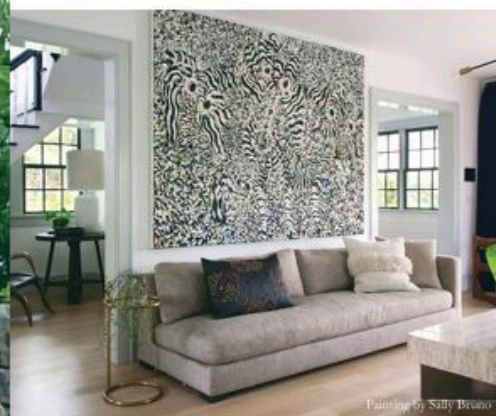
An Oasis Of Design Opens In The Hudson Valley

Photography by Jean-Francois Jausaud
and Adrian Gusa
Styled by Benoist Druet
Interior Design by J. Lisa Bowles

Pine Meadow Lake, is a hidden lake that can only be reached on foot, the trail head is less than a mile away from Valley Rock.



Vintage finds from 1stdibs, sofa from RH



Paintings by Sally Bruno

surrounded by 70,000 acres of parkland and is the starting point for the famed 7 Lakes Drive. Bruno says he created the mountain club "to make it easy for locals and NYC residents to be able to enjoy the great outdoors." The club has top-of-the-line road, mountain, and e-bikes for guests and members to ride the endless routes through Harriman Park and Sterling Forest. With in-house trained guides, you can experience a biking and hiking combination to rival the fitness resorts out west

The opening of Valley Rock Inn & Mountain Club this fall promises to transform northern Rockland County into the Alpine fitness Mecca it deserves to be. The new inn and club has facilities and amenities on the level of a four-star hotel and is located only 30 miles from the George Washington Bridge. The property was created by web entrepreneur, Michael Bruno, who is known globally in the design community as the founder of 1stdibs.com, the world's leading online destination for the "most beautiful things on earth." Bruno recently received the prestigious 'Pillar of New York' award from the Preservation League of New York State for the impact that the project is expected to have on the community at large.

The property is located in Slootsburg, NY, which is



without losing two days of travel. This fall and winter, Valley Rock will introduce its own fitness and wellness retreats from extreme hiking to intermittent fasting kickstarter programs. On site is the historic Henry Club created by Alfred Loomis and his wife after WWII as a meeting hall for locals to watch movies, attend lectures, and dance the night away. The meeting house will be brought back into service later this year and will also be available for corporate retreats and guest lectures.

Sloatsburg is poised to become a hot destination for outdoor enthusiasts as new life has sprung into the village after many years of businesses closing. There are new shops and businesses popping up all over. Most notably, Warby Parker, the trendy online eyewear company, has opened its design and manufacturing studio along with other new businesses including a coffee house, juice bar, beer garden, vegan restaurant, art galleries, and an apart-

ment complex with 250 one and two bedroom apartments geared towards millennials that will open in 2019.

Entering the property at Valley Rock Inn is like stepping into an oasis of lush garden rooms for entertaining, surrounded by historic buildings that wall off the property. The setting is picture-perfect for weddings and private events. It has 4 guest houses and 17 guest rooms, 2 restaurants, 3 bars, an organic market, a 75-ft pool, a 7,000 sq ft gym with yoga and spin classes, the meeting house, winter snowshoeing and ice fishing and all levels of hiking. There is no place like Valley Rock Inn & Mountain Club in the Hudson Valley — and it's only a short ride from NYC or a quick walk from the Sloatsburg train station.

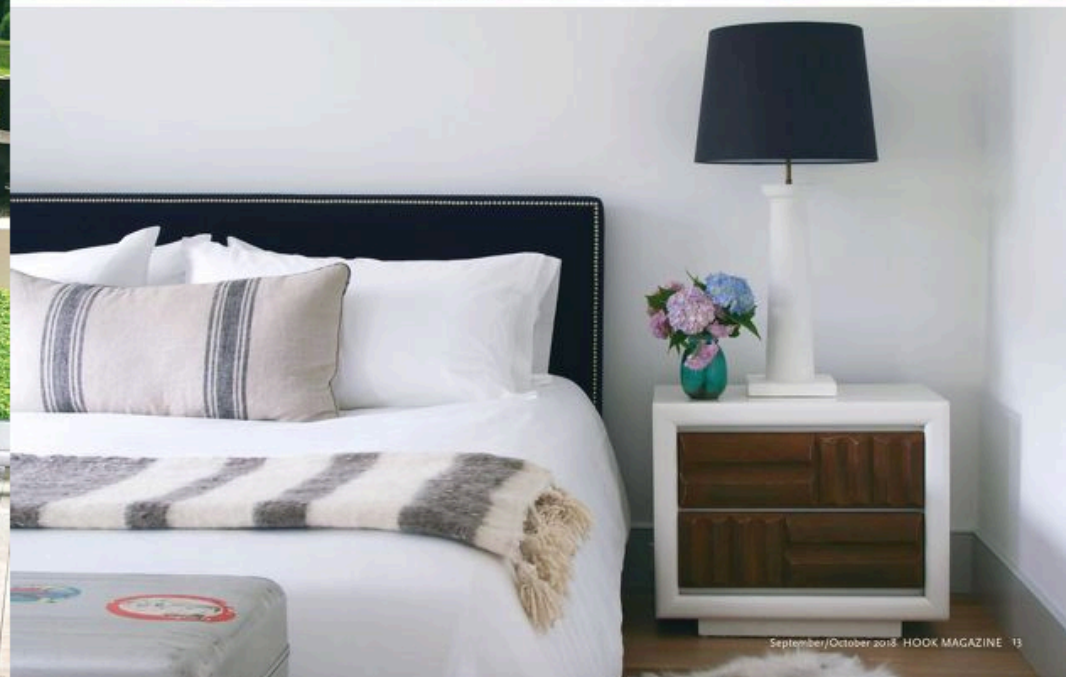
Opening this fall after two years of construction, Bruno says he is, "excited to welcome guests to eat, stay the night, and join the mountain club for year-round fitness and healthy dining." ValleyRockInn.com



VR Bar and Grill at Valley Rock Inn and Mountain Club



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