

# DWIGHT

WINTER 2017 ISSUE 8

THE RETREAT ISSUE

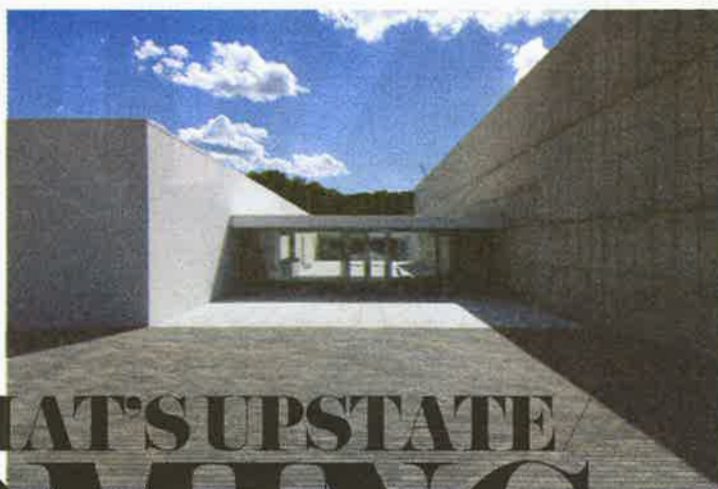




**SILVIA** With an emphasis on local ingredients and “clean eating,” Silvia is the latest addition to Woodstock’s restaurant scene. Occupying an elegant grey-painted building with a large outside patio, the restaurant is stylish and designed with flair. Each zone inside boasts its own discrete aesthetic, including a dramatic open kitchen and a charming lounge with walls crowded with art. Silvia’s distinctive interior design is unsurprising when you learn it was executed by Kai Kühne. A former enfant-terrible designer and downtown scene fixture as part of the AsFour fashion collective, Kühne relocated to the western Catskills in 2013. Here he launched Hasbeens & Willbees, an auction house focused on precisely the kind of quirky, unexpected style that makes Silvia as interesting for its decor as for its menu. 42 Mill Hill Rd, Woodstock, NY 12498 (845) 679-4242 silviawoodstockny.com Photograph Teresa Horgan



**MAHA ROSE CENTER FOR HEALING** Described by Vogue as a “hub for alternative healing,” Brooklyn’s Maha Rose is the place to go in New York City for holistic healing sessions, workshops, and wellness training (as well as more esoteric treatments like crystal bowl sound baths and spiritual speed dating). Now they’ve added Maha Rose North, a retreat center located in the Catskills, offering acupuncture, reiki, breathwork and private yoga sessions, as well as retreat stays in the property’s cabins. Hiking and swimming are also available for summer visitors, and for those planning to stay at this time of the year, the striking serenity of the Catskills in winter make the perfect recovery from and an antidote to the city’s stresses and strains. 130 Morgan Hill Road, Hurley, NY 12443 (718) 757-2758 maharose.com



**MAGAZZINO ITALIAN ART** *Magazzino, meaning warehouse in Italian, is a spectacular modern space devoted to Arte Povera, the politically radical art of late 1960s/early 1970s Italy. Designed by Spanish architect Miguel Quismondo, the 18,000 square foot brutalist building was formerly a computer manufacturing facility. Magazzino shows select works from the Olnick Spanu Collection, most of which have never been exhibited in the United States, as well as rotating temporary exhibitions, community events, and collaborations with neighboring institutions.*

2700 Route 9, Cold Spring, NY 10516  
(845) 666-7202 magazzino.art  
Photograph Marco Anelli

# YOUR GUIDE TO WHAT'S UPSTATE UP & COMING

By EDDIE BRANNAN

**LIVINGSTON MANOR FLY FISHING CLUB** *Willowemoc Creek and its conjoined twin, Beaverkill River, are the birthplace of American fly fishing. Appropriately then the Livingston Manor Fly Fishing Club is located on a five acre lot right on the banks of the Willowemoc and is naturally a mecca for anglers. But even if you don't own a pair of waders and a creel, club owners Tom, Mikael and Anna have something for you. Fly fishing has always been as much about immersing oneself in the beauty of nature as about pestering trout, and the Club's true goal for its members is to encourage them to "explore, get inspired, make, relax, and connect with one another and their environment." Our region is spectacularly beautiful, and the banks of a stream are a great place from which to contemplate that splendor. The club will be offering retreats through the winter, and membership opens in spring of 2018.*

636 Old Route 17, Livingston Manor, NY, 12758 livingstonmanorflyfishingclub.com Photograph Peter Crosby



**VALLEY ROCK INN** Earlier this year DVEIGHT got an exclusive sneak preview of Valley Rock Inn, a privately owned village located between two state parks in Sloatsburg, NY. The charming Rockland County burg is an hour outside of New York City, and its owner, Michael Bruno, conceived it as a luxury boutique hotel on village scale and a launchpad to upstate living. When complete, Valley Rock Inn will comprise of 17 guest bedrooms in four restored historic homes, a market for organically-focused local produce, a café, art gallery, bar and restaurant, pool, spa and gym as well as a bike shop from which to explore the surrounding 70,000 acres of parkland. Bruno, who founded the antiques and design collectibles shopping platform 1stdibs.com, brought the astute eye and elevated style that made that site such a success to the residential and hospitality industry. Every detail we’ve seen so far exudes consummate taste and elegance, and we’re excited at what’s still to come. 7 Mill St, Sloatsburg, NY 10974 (845) 618-9112 valleyrockinn.com Photograph Michael Mundy